

Help with Universal Credit applications

Help to Claim is a dedicated service from Citizens Advice, available online and by phone. It's free, independent and confidential.

Call us for free:

0800 144 8 444 (England) or **0800 024 1 220** (Wales)
8am to 6pm, Monday to Friday.

Chat to one of our **Help to Claim** advisers online at
citizensadvice.org.uk/help-to-claim

A background photograph of a man with short dark hair, wearing a dark jacket, sitting on a grey sofa. He is looking down at a smartphone in his right hand and holding a white mug with his left hand. A potted plant is visible in the background.

**citizens
advice**